



I BELIEVE I CAN...

by children from around the globe

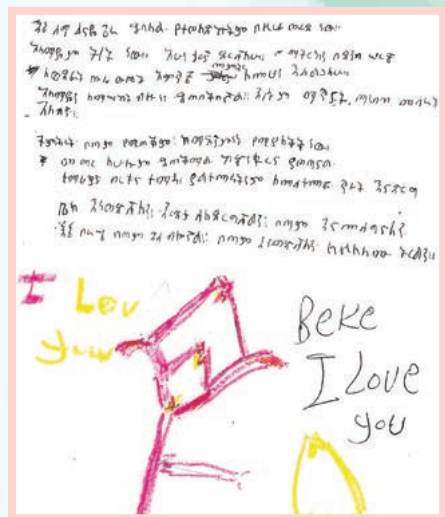
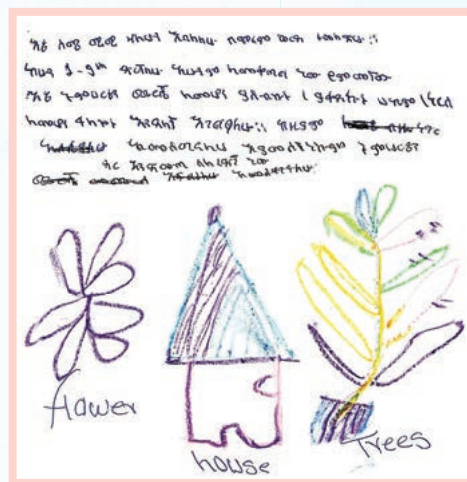
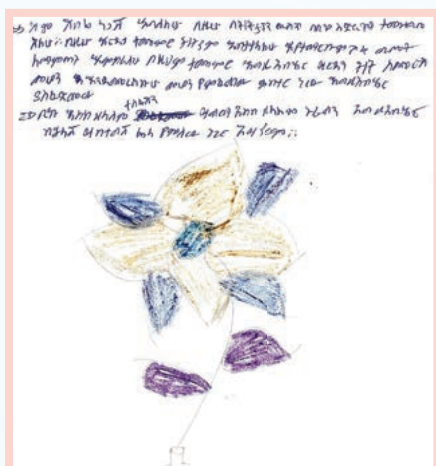
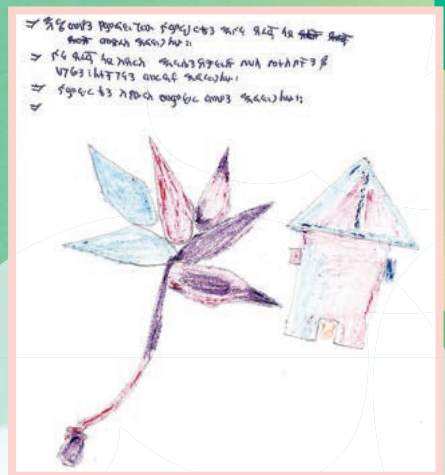
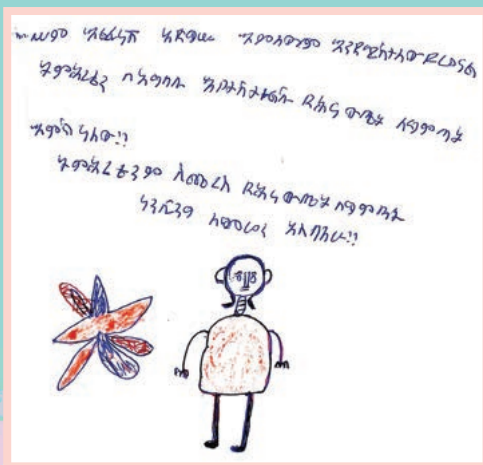
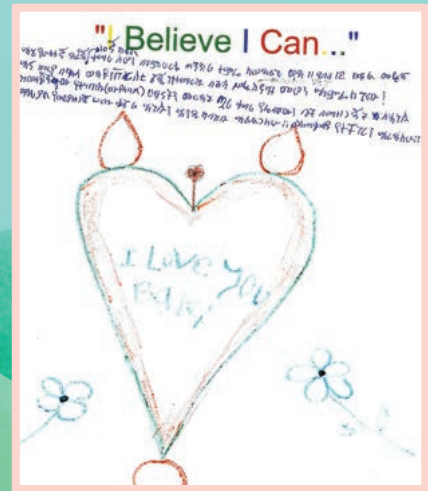


I don't believe that I can fly, I don't believe that I can become invisible and I don't believe that I can read people's minds... However I do believe that, I can help people. I believe I can cheer people up when they feel sad, I believe can be there for someone when they need or even when they don't need someone. I also believe that I can make people laugh, make them laugh so hard that after 2 minutes they're stomach starts to ache. I believe I can be generous and give the people who don't have as much as we do, the things they have always dreamed about receiving. I believe I can be warm hearted when needed and at other times I can be cold hearted to protect myself and the people I love. I believe I can be trusted and I can trust and most of all I believe I can be one of those people that everyone talks about in movies. The person that is always there for them, the person they always go to, the person who they know they will never loose.



To sum this up, I believe I can be a good person and I can make a difference to the world and do good. Most of all, I believe I can become that person that is talked about and be the sister/daughter/cousin/anything else and most importantly the friend that people dream of having. I also believe that I can find that person and I believe I can be that person.







I believe I can.....

I believe I can jump 1 meter high because I am doing sport and I like jumping on the trampoline and on the ground. I am very happy when I can go on the trampoline when we have sport. I'm very good at jumping with the jump rope. One time I jumped 2,30 meters at long jump. I was very proud of myself. I want to become the best of my sport club and better than the people in my class. I really want to try my best!!! These are some of my reasons why I want to jump 1 meter high.

By Lea Marie Zänker 9 years old Berlin Metropolitan School 3a

I believe I can

Gazel was a very talented girl. She had a talent for drawing. She amazed everyone when ever she drew something.

One day she was going home on the train when... A horrid accident occured. The train crashend into the water with 100 people inside including Gazel. 10 people drowned while the rest were seriously injured. Gazel was lucky that she survived but she lost her right arm. She thought it was the end.

Gazel had never used her left hand to write or draw. She was... Terrible. She practised and practised but she didn't believe so it was no use she wasn't getting any better.

One day she was at her doctor appointment. Her doctor said she could use a prostetic arm. Her mum said it would be worth a shot so she tried it on it fit but it didn't feel right, it wasn't real. Gaze tried so hard to

Gazel still tried but it was still no good. Gazel decided to give up and do something else for she didn't believe. After a while she realised she couldn't live without drawing so she started to believe in her self. She practised and practised. She started getting better she didn't know how and then she realised the only thing that was stopping her was that she didn't believe

As she started believing in herself she got better and better eventually she was better at drawing with her left hand than she ever was with her sight.

It was a miracle she could draw again, and that proves you have to believe in yourself to get better.

"I believe I can"

written by Clavira



An old child's dream
Is much more than it may seem
Though the child conceals it well inside
Forever, it cannot hide

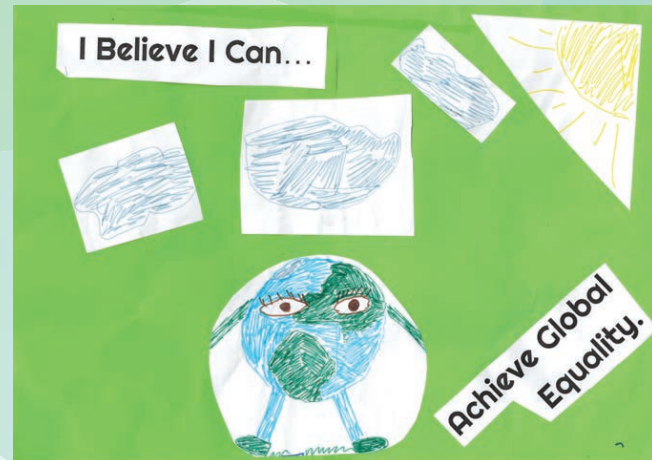
As the child takes it,
On his skin
And as our world dies from within
Cause it's true that understanding
And in the darkness binding
Are even yes much harder
Than that people call above
A sort of Magic
It's called Love!

As one day they will understand
When everything, will be banned,
Then, when the master's lose power
And all food turns quite sour,
And as we hang on, with our teeth
And they rise, from underneath,

Yet one human,
Yes, alone
That cannot shine and has not shone,
Could alter
Not yesterday, today,
But after

What it is
What is not his
What is not hers
For it could be girls

For I, they, believe they can
If we are one, like grains of sand
Alone? No, but one,
There are no daughters and not one son
Not a woman, not a man
But it takes a human
To see all what one can.



Anyone can reach the clouds
In anyway they ever want
The clouds could change your day
looking at them in a way
The clouds are different everyday
Like when it rains in a bay
They can never be caught
with the same shape in a day
cause that's what makes them them in a way.

In my mind I go up high
Cause no one can touch me in the sky
Be like a spaceship taking off on its own
It can fly in its zone
In my dreamland I am alone,
no one can help me I am unknown
I believe I can do anything

I Believe WE Can...Stop Racism

Racism is a big problem the world is experiencing, and today it still occurs in many different countries and cultures around the world. Racism is making fun of people's ethnicities and cultures. People who are black and Asian suffer racism a lot in different places around the world.

Many people are racist because of their upbringing; their parents or ancestors may have been racist, and this viewpoint can be passed along over generations. Living with people in your family who are racist can influence you dramatically, and you can become like them, maybe even worse if you live in a community that also has a culture of racism. Another factor that contributes to people becoming racist is the environment they are living in; if a person goes to a school with a lot of racist people, which occurs in different schools around the world and is probably more common than we think, he or she can be influenced to become racist. Families, communities and school environments can all influence people to become racist.

Racism is a problem around the world because of how it makes individuals feel depressed; studies show that it can cause problems not only mentally but physically: like increased heart rate, headaches and different types of tension. It may also cause people to avoid school because of how they are suffering from a racist culture there. Also, the victims of racism have a lesser chance of trusting others around them, which can affect all of their relationships. Racism may also make people become more afraid of being physically attacked.

Racism can be combated by standing up for yourself, talking to organizations, counsellors, and sometimes by saying nothing; the racist person may avoid you if you ignore their ignorance. Racism can be stopped worldwide by educating people of all ages and cultures and by reporting it more. Discipline and education towards racism need to be improved, stable and consistent if racism is to be stopped in any community.

Nowadays people judge too quickly – only relying on what they see on the outside, not on the person within. We should celebrate our differences not be afraid of them to the point we allow our ignorance to insult and hurt the people around us – people who should be our friends. In conclusion, on all levels – in communities, in schools and in homes – people should realize they are strong enough to work together and fight against racism. Racism can and must be stopped.



I believe I can

I've been all over the world searching for somebody that could change our lives forever. If we want to make this world a better place what are we all doing? How can we provide hope, strength and inspiration to others? What can we do just where we are? Let me tell about my journey and some of the amazing people I met.

First I went to South Africa. I needed inspiration so I went to Nelson Mandela's house. Then I remembered Desmond Tutu. The next day I met with Desmond Tutu and I asked him to say one sentence to help me on my journey and instead he said one letter "I", I couldn't understand how that would help me so I just left. I was at the airport, off to India to meet the Dalai lama and Mother Teresa. Finally I was in India, but I needed to get the Dalai lama's summer palace soon because I was already late. As soon as I got there my jaw sunk to the ground, as I had seen his beautiful palace I walked into this extraordinary grand entrance. When I asked him to say one sentence to help me on my journey he said "believe" I was walked out still shocked at how beautiful his palace was but also wondering what he meant. It was my last stop, Mother Teresa.

I Believe I Can.....

Protect the Rhino!



Jocelyn Cathell *
age: 10
Brescia House School SA

I believe I can.

I believe I can
make a difference
as a Doctor.

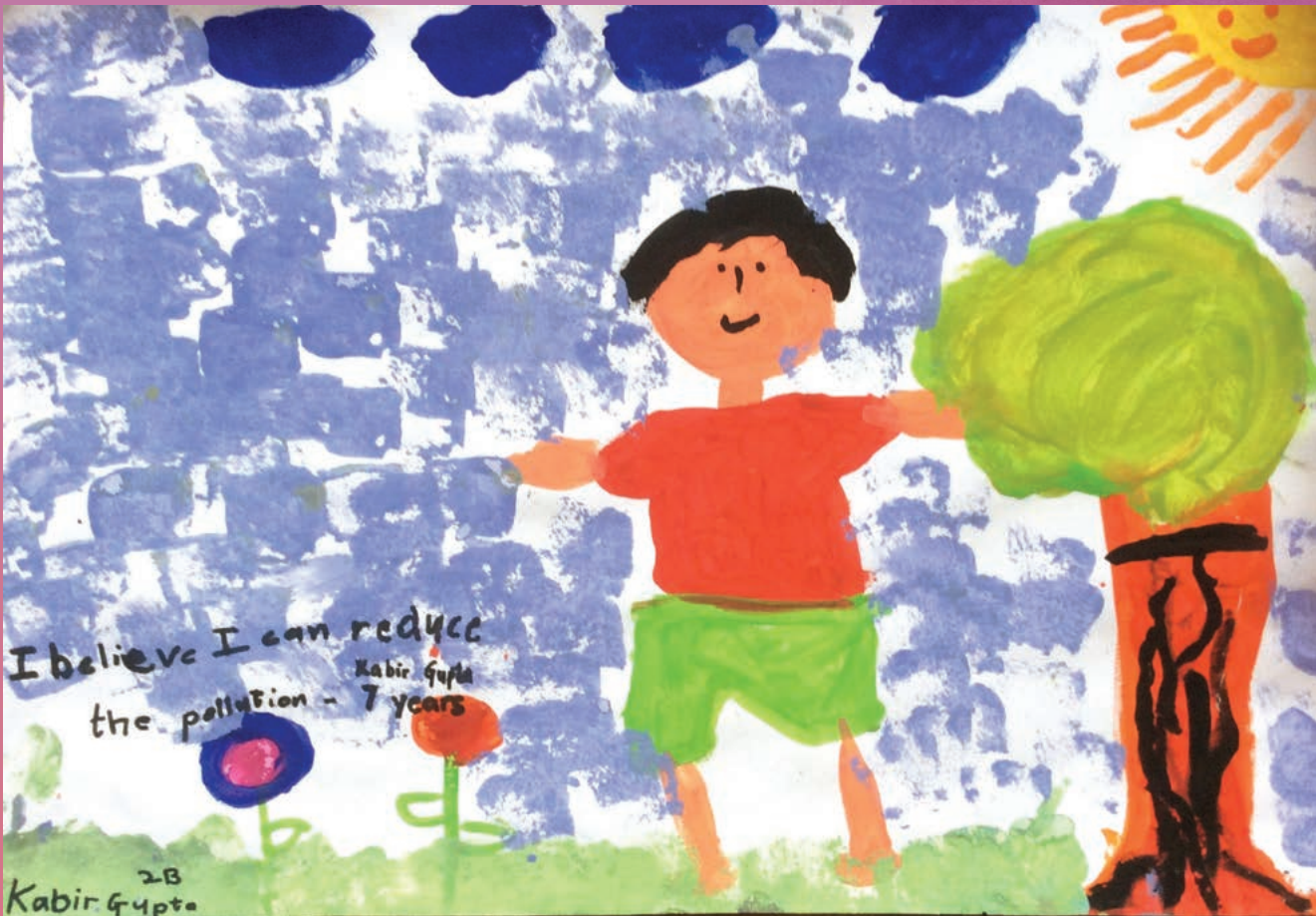
I believe I can help people and make sure they are healthy. I also want to be a Paediatrician because I am good with children and I have patience with them. I am keen to help children in any way I can because ~~there~~ there are not enough doctors in the world. Apparently there are only 1.13 doctors for every 1000 people which is not very much.

I believe I can cure diseases to help people, and I know that curing diseases will be challenging and difficult but I always like a challenge. If there were more doctors in the world and more scientists we could discover cures quicker than we are now. I think doctors are important because they save people lives everyday and help us to stay healthy.

I think children are important for the future because one day they could become doctor. If there were no ~~dot~~ doctors people will suffer and get sicker. Finally I believe I can

make a difference as a doctor because I am passionate about it and I know that if I put my mind to ~~it~~ ~~I~~ ~~put~~ ~~my~~ ~~mind~~ ~~to~~ ~~it~~ I can do anything.

Helen Sauthoff Age: 11
Brescia House School
South Africa.



2. 8. 2015
 I believe I can be a tourist. Tourist is a person who visit the animals. I can see many types of animals.

GAME PARK NAIROBI

I would like to visit the animals in the game park.

REGINA LOROUPE EDUCATION SCH
 P.O. BOX 160-30600
 KAPENGURIA
 8th MAY 2015

By Faith Chepkemoi
 Class six
 Age 12 years old

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 P. O. Box 160-30600, KAPENGURIA.

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 8th 8th MAY 2015.

I BELIEVE I CAN
 I Believe I can pass my KCPE & KCSE Exams to full fill my dreams.

I believe I can be a pilot who work for my dream.

I would like to fly over the sky.

Pilot Bring a good job. A pilot who drive a plane is one of the best jobs in the world.

I am 12 years old. I am in standard six. My name is Tegla Loroupe.

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I BELIEVE I CAN

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A FLOW

my name is ghoran chebet I am nine years old and I want to be a teacher teach people and children.

to teach others is good me I like it.

we used a chalk and a book to teach children

STENOCH POISHO
 I BELIEVE I CAN
 I believe I can be a pilot

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Enoch poisho

I believe I can be a pilot. I will fly from Nairobi to Kapenguria. Fly like a bird and rap.

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 08 MAY 2015
 P. O. Box 160-30600, KAPENGURIA.

I BELIEVE I CAN

So what I know is that what I believe is not at all what you believe. As my opinion I believe that every one of us has a talent. And through this talent we have athletics. I believe and I can that I run for peace. Because we can't live without peace.

I also also believe and I can that I can be a doctor. If I only work hard extra. We will not have to worry about travelling because most of us like traveling by an airplane and then that is the cheapest way.

PEACE THROUGH SPORT

I can be a pilot.

BY WINNY TULIAPUS
 STD 7

I BELIEVE I CAN

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 08 MAY 2015
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TEGLA LOROUPE,
 P.O. Box 160 30600
 KAPENGURIA
 8/5/2015

I BELIEVE I CAN
 I believe I can work hard
 I believe I can be a doctor.
 To help people who are sick.
 So that I can save people's life.
 I believe I can be a doctor at
 Kenyatta National Hospital.
 I believe I can make sure
 People are save.

My name is Skolah Kibet
 I am 8 years old
 I am in standard six.

I believe I can be a doctor.

AGE: 8 SKOLAH KIBET





我相信，我能
 我考上的初中
 或许不是很好
 但我会努力
 努力成为尖子生
 让我的初中
 在中考时
 拿到好成绩
 我相信，我能！
 我相信，
 我一定比小学时
 的成绩更上一层楼。
 我为自己加油！
 我为自己鼓掌！
 我为自己自豪！
 我相信我能做到！

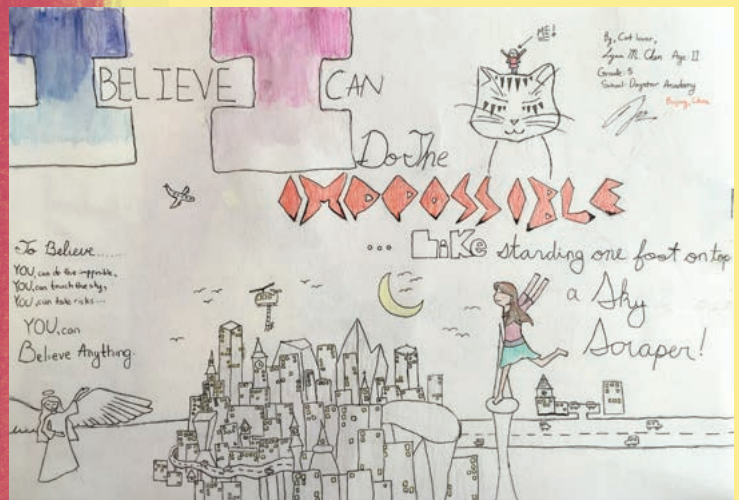
I believe I can

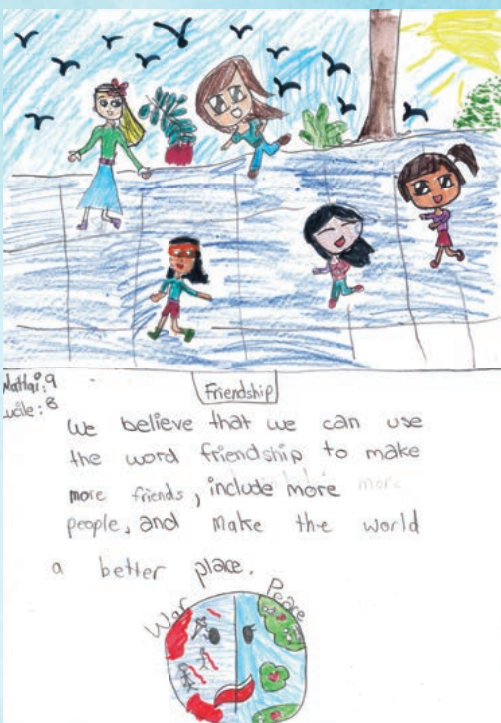
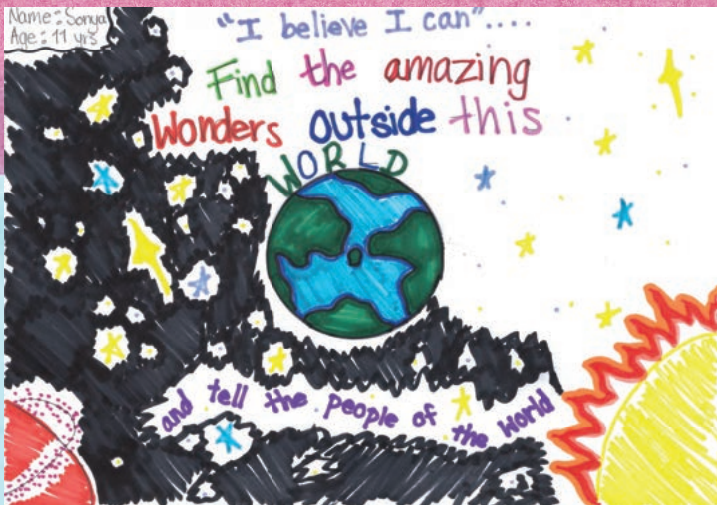
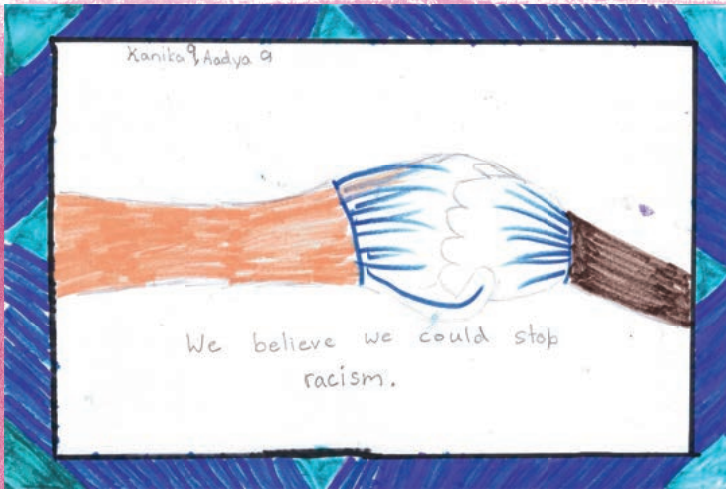
Hi! My name is Ken. I am a strong tall boy. I am not very good at dancing. But I want to be a super star just like Micheal Jackson. Tommy, my good friend. He has the same dream with me. And we both like Micheal Jackson.

One day, Tommy comes to my home. We watch the music video of Micheal Jackson. "Micheal was very cool!" says Tommy "Oh my god! Look, Micheal was so cool. He can do the Moon Walk. I like him. He is my favourite star."

I believe I can be a star just like Micheal Jackson. This is my dream. What is your dream?

金華興學校五(3) Ken 梁海坤





I Believe I Can

I believe that I can get a job as a videogame programmer, I have a high interest in being a programmer and I think it would be an awesome job but it would be really hard and give alot of pressure.

I believe that I can be a professional world of warcraft player and go to tournaments and win. World of warcraft is one of my favorite games and I play it everyday.

I believe that I can be a twitch streamer and get sponsorship from other companies and play videogames in front of people and get paid for it.

I believe that I could start a youtube carer one day for uploading videos and get paid for that aswell.

I believe that one day I'll join the army like my great grandfather did and get the rank of a captain. I've always wanted to join the army aslong as I have remembered.

